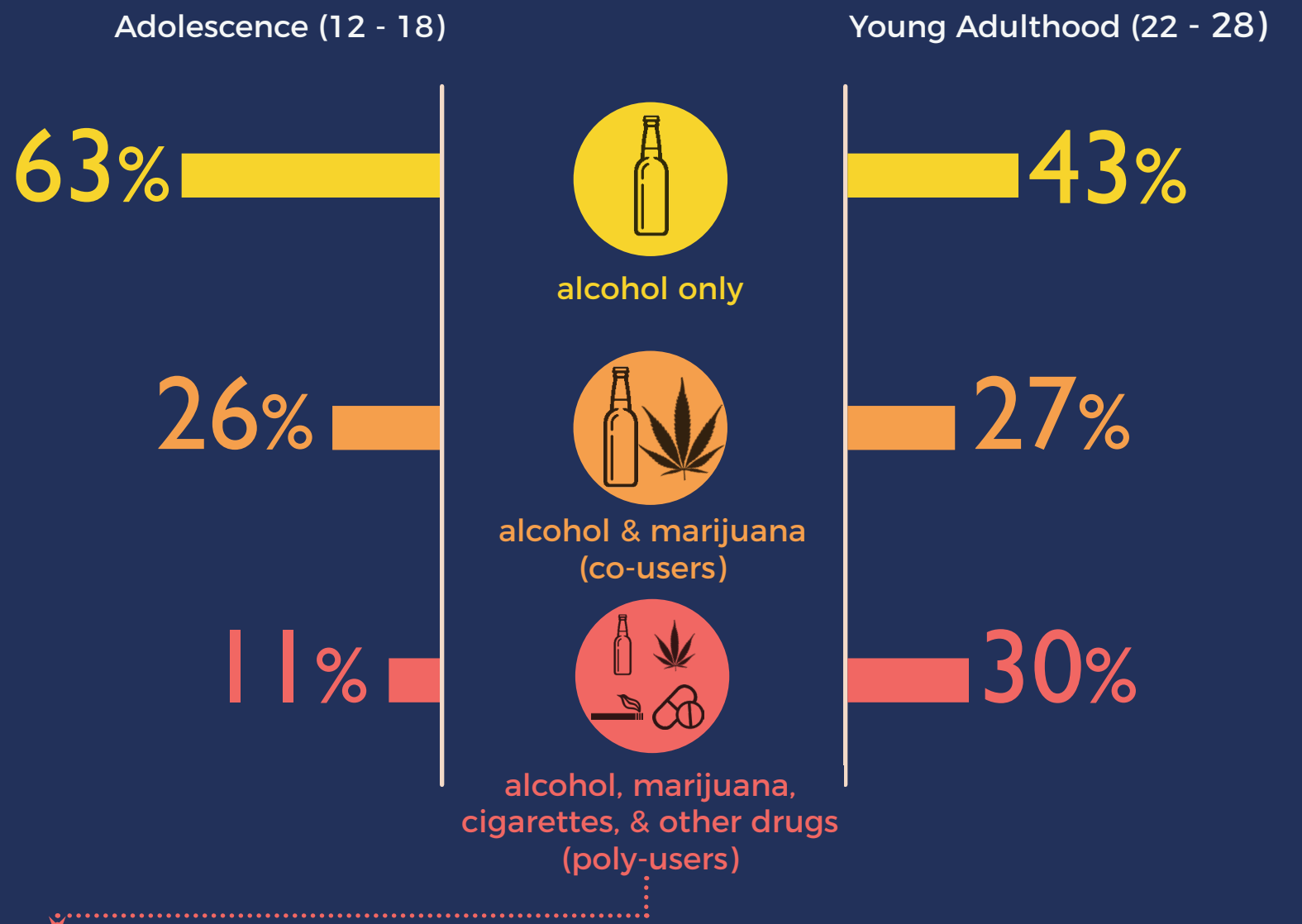
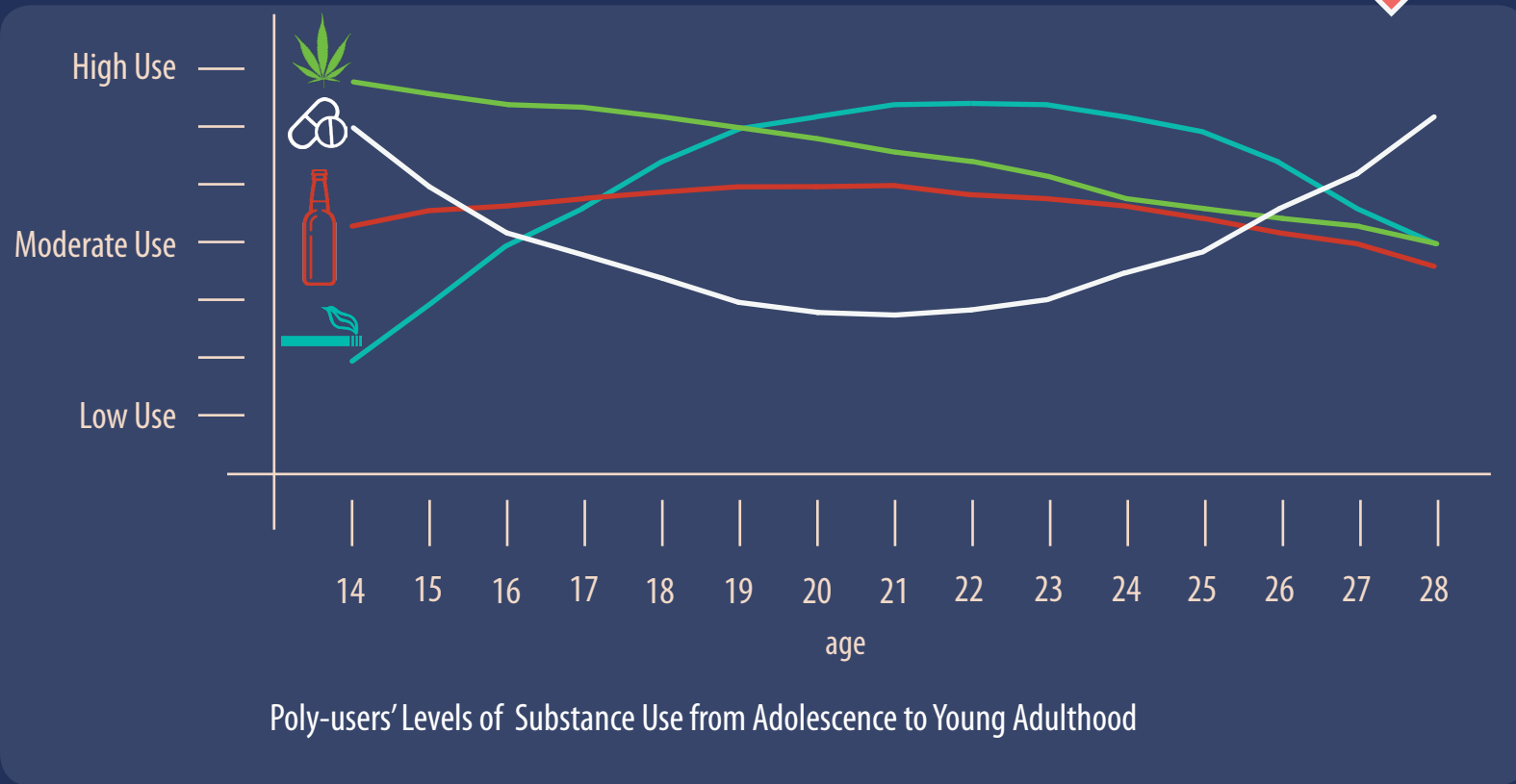


# Canadian Youth: Patterns of Substance Use from Adolescence to Young Adulthood

We interviewed 662 youth biannually for ten years and found **3 distinct patterns of substance use**



Poly-users use alcohol, marijuana, cigarettes, and other drugs across adolescence and young adulthood.



**50%** of adolescents will have the same substance use pattern in adulthood



Identifying substance use patterns in adolescence will allow for targeted prevention and intervention efforts.

Findings are drawn from:

Merrin, G. J., & Leadbeater, B. J. (2018). Do classes of polysubstance use in adolescence differentiate growth in substances used in the transition to young adulthood? *Substance Use & Misuse*, 1-13. <http://doi.org/10.1080/10826084.2018.1455702>

Merrin, G. J., Thompson, K., & Leadbeater, B. J. (2018). Transitions in the use of multiple substances from adolescence to young adulthood. *Drug and Alcohol Dependence* 189, 147-153. <https://doi.org/10.1016/j.drugalcdep.2018.05.015>