

Table 29 Sexual Distress Scale (SDS)

Sexual Distress Scale (SDS)		
Item	Factor 1	Factor 2
1. How often did you feel anxious about your sexuality?		
2. How often did you feel guilty about your sexual difficulties?		
3. How often did you feel stressed about sex?		
4. How often did you feel sexually inadequate?		
5. How often did you feel regrets about your sexuality?		
6. How often did you feel embarrassed about sexual problems?		
7. How often did you feel dissatisfied with your sex life?		

Huang, S., Jern, P., Niu, C., & Santtila, P. (2025). Associations between sexually submissive and dominant behaviors and sexual function in men and women.