

Table 21 Centre for Epidemiological Studies Depression Scale (CES-D)

Centre for Epidemiological Studies Depression Scale (CES-D)		
Item	Factor 1	Factor 2
1. I was bothered by things that usually don't bother me		
2. I did not feel like eating; my appetite was poor		
3. I felt that I could not shake off the blues even with help from my family or friends		
4. I felt I was just as good as other people		
5. I had trouble keeping my mind on what I was doing		
6. I felt depressed		
7. I felt that everything I did was an effort		
8. I felt hopeful about the future		
9. I thought my life had been a failure		
10. I felt fearful		
11. My sleep was restless		
12. I was happy		
13. I talked less than usual		
14. I felt lonely		
15. People were unfriendly		
16. I enjoyed life		

Centre for Epidemiological Studies Depression Scale (CES-D)		
Item	Factor 1	Factor 2
17 I had crying spells		
18 I felt sad		
19 I felt that people dislike me		
20 I could not get "going"		