What has your mental health journey been like for you?

How would you like to tell its story?

And learn new skillsets in community from poets and visual artists!?





Please join us and create art with peers in a safe and nuturing space.

No previous arts training required.

Art supplies will be provided.



Art-Making and Comics Workshop Series: Lived Experiences of Psychosis

BEGINS: September 2021. Bi-weekly Meetings. Flexible Group Scheduling by Poll.

MORE INFO & REGISTRATION: https://onlineacademiccommunity.uvic.ca/psychosis/

