

Table 9. The Social Comparison Scale (SCS)

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Item- In relationship to others I feel:	
1. Inferior	Superior
2. Incompetent	More competent
3. Unlikeable	More likeable
4. Left out	Accepted
5. Different	Same
6. Untalented	More talented
7. Weaker	Stronger
8. Unconfident	More confident
9. Undesirable	More desirable
10. Unattractive	More attractive
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11. An outsider	An insider

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