

Table 72 Self-determination Theory (Ryan & Deci, 2000)

Self-determination Theory (Ryan & Deci, 2000)			
Item	Foucault	mini theories of SDT (Weir, 2025)	Factor 2
1.		Cognitive evaluation theory	
2.		Organismic integration theory	
3.		Causality orientations theory	
4.		Basic psychological needs theory	
5.		Goal contents theory	
6.		Relationships motivation theory	
7.			
8.			
9.			
10.			

Ryan, R. M., & Deci, E. L. (2000). [Self-determination theory and the facilitation of intrinsic motivation, social development, and well-being](#). *American Psychologist*, 55(1), 68–78

Deci, E. L., & Ryan, R. M. (2008). Self-Determination Theory: A Macrotheory of Human Motivation, Development, and Health. *Canadian Psychology = Psychologie Canadienne*, 49(3), 182–185.
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