

Table 26 Two-Dimensional Self-Respect Scale (Tafarodi & Swann, 2001)

Two-Dimensional Self-Respect Scale (Tafarodi & Swann, 2001)		
Item	Factor 1	Factor 2
1. I tend to see myself as worthless.*		
2. I am quite competent in the work I do.		
3. I am quite at peace with myself.		
4. I can succeed at anything I put effort into.		
5. I am sure of my own worth.		
6. I sometimes dislike thinking about myself.*		
7. I have a negative attitude toward myself.*		
8. I sometimes have difficulty achieving the things that are important to me. *		
9. I am quite satisfied with myself.		
10. I sometimes fail to cope with challenges.*		
11. I never doubt my personal worth.		
12. I am quite successful at many things.		
13. I sometimes fail to achieve my goals. *		
14. I am very talented.		
15. I don't have enough self-esteem.*		
16. I wish I were more successful at what I do.		

Tafarodi, R. W., & Swann, W. B. (2001). Two-dimensional self-esteem: Theory and measurement. *Personality and Individual Differences*, 31(5), 653–673. [https://doi.org/10.1016/S01918869\(00\)00169-0](https://doi.org/10.1016/S01918869(00)00169-0)