



DEFAULTVEG MENU

www.defaultveg.com



MIXED BERRY PARFAIT



IMPOSSIBLE BURGER



STREET TACO

CONTINENTAL BREAKFAST

Tofu Scramble

With garlic, red onion, bell peppers, spinach, turmeric, avocado, parsley

Banana Oat Pancakes

Mixed Berry Parfait

With vegan yogurt, granola, pineapple garnish

French Toast

Crumbled Cinnamon Coffee Cake

Assorted Muffins

Sweet Potato Hash Browns

Fresh Fruit



TOFU SCRAMBLE

LUNCH

Red Quinoa & White Bean Vegetable Soup

Pesto Zucchini & Corn Quinoa Salad

With chickpeas, basil, scallions, lemon zest, lime juice, paprika

Chilled Udon Noodle Salad

With cucumber, green onions, cherry tomato, chinese parsley, chile flakes, grapefruit ponzu vinaigrette

Impossible Burger

With lettuce, tomato, avocado, vegan mayo

BAM! Grilled Cheese

With vegan cheddar, asparagus, roasted mushroom, caramelized onions, on artisan sourdough

Grilled Vegetable Panini

With vegan mozzarella, grilled zucchini, gold squash, red/yellow bell peppers, grilled eggplant

DINNER

Sweet Potato Vegetable Soup

Veggie Supreme Flatbread

With vegan mozzarella, bell peppers, black olives, mushrooms/artichokes, pesto

Spicy Peanut Butter Tempeh & Brown Rice

With cabbage, green onion, ginger, garlic, lime

Vegan Lasagna

With tomatoes, spinach, tofu, garlic, nutritional yeast, onions, parsley

Chana Masala

Tomatoes, onions, garlic, ginger, lemon juice, cilantro, green chilies

Beyond Meat Chicken Street Tacos

With portobello mushrooms, bell peppers, onions, corn, tortillas, pico de gallo, cashew cream