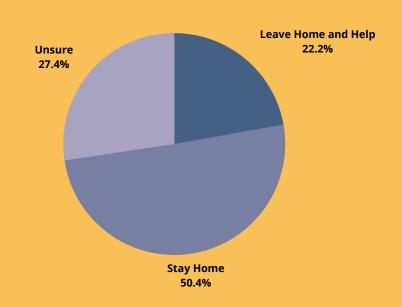
# Prosocial Behaviours

# **During COVID-19**

# **Duty to Help Others**

#### Proportion of participants' reported sense of prosocial duty during COVID-19:



#### **Demographic differences:**

- Health care workers were more than twice as likely to report a duty to leave home and help, when compared to other professions.
- Men were more likely to report a duty to leave home to help during COVID-19, when compared to women.

### **Staying Home**

### **Proportion of Reported Reasons Among** Those with a Duty to Stay Home

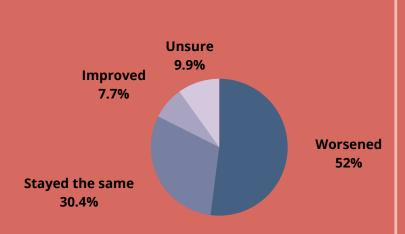


Legend

- **ES** = personally experiencing or household member is experiencing symptoms of COVID-19
- **FG** = to follow government guidelines
- **NS** = not sure/neither

## Coping

Reported changes in personal mental health during COVID-19 among those who have a duty to leave home to help others:



Reported changes in personal mental health during COVID-19 among those who have a duty to stay home to help others:

