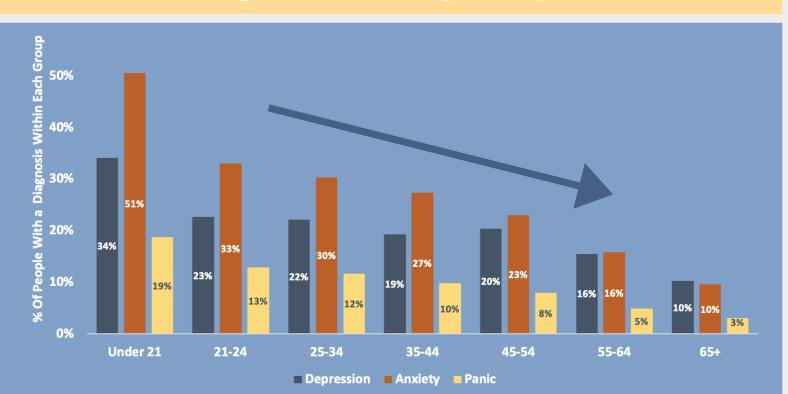
Mental Health Functioning of Canadians During COVID-19



Prevalence of Depression, Anxiety, or Panic Disorder Diagnoses Within Age Groups



Impacts of COVID-19 on Mental Health

"I have an overall sense of feeling blue and down. It takes much more energy to complete the same tasks that would have otherwise required much less energy."

"Being isolated along with everything that's happening, it's harder to have positive thoughts - easy to overthink and feel depressed about situations."



Not at all

25-34

21-24

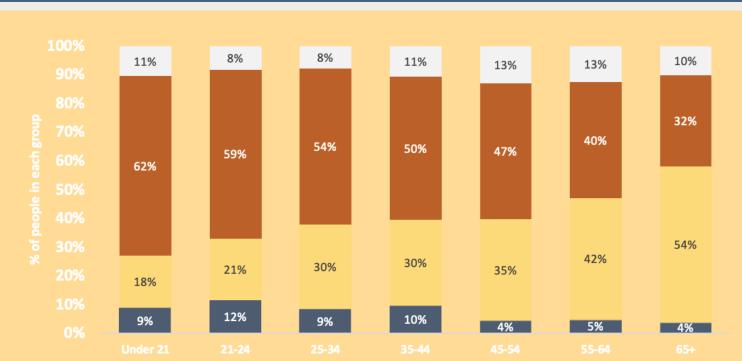
Under 21

Some of the time

■ Improved

Most of the time

Prevalence of Depression, Anxiety, or Panic Disorder Diagnoses Within Age Groups



■ Worsened