



# Knockin' on Your Noggin

*Making Sense of the Growing Knowledge in Concussion Management*

## Let's talk science with med students at UVic

- What's the deal with concussions? How do they affect our physical, psychological, and cognitive functioning?
- What changes have been made in sport regulations to reduce trauma and improve recovery?
- How can someone protect themselves from concussions in sport and daily life?
- What are some common concussion myths?

**Join first-year Island Medical Program students  
Brianna Crighton, Kaity Lalonde, Laila Drabkin, and Amy Kim  
to learn more**

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**Wednesday, April 26<sup>th</sup> @ 6:00 – 8:00pm**  
**Medical Sciences Building Room 150**

Refreshments available.

This is the latest in a series of medical school presentations.

For more information, contact: Dr. Jane Gair @ [jgair@uvic.ca](mailto:jgair@uvic.ca)



a place of mind  
THE UNIVERSITY OF BRITISH COLUMBIA

Faculty of Medicine



University  
of Victoria

let's talk   
science