



University  
of Victoria

# Running with Horses: Reflections on the Psychology of Speciesism

**Lynne Jackson, PhD**

Associate Professor of  
Psychology

King's University College at  
Western University

- Tuesday, Feb. 16<sup>th</sup>, 2021
- 12:30 – 1:50 p.m. (PST)
- Register for Zoom  
webinar:



REGISTER NOW



Image: Steve Grimes, "Lynne and Numa," King's University College.

While running **with** my horses, rather than riding **on** them, I experienced moments of absorption in a sense of "we." Prompted by that observation, I will reflect on my and others' research on human intergroup attitudes and speciesism, and offer ideas about the sources of and solutions to the attitudinal component of speciesism. In particular, I will propose that because the way that we perceive and respond to the other is embedded in power relations, strategies to reduce human prejudice can be most effectively applied to interspecies relations if they address this element of context.

[Lynne Jackson](#) is an Associate Professor of Psychology at King's University College at the University of Western Ontario, where she researches and publishes about psychological dimensions of issues of social justice. Her work on human intergroup attitudes and relations has recently been extended to address the related problems of environmental inequality and speciesism. She is author of *The Psychology of Prejudice: From Attitudes to Social Action*, Second edition ([APABooks](#)), and can be reached at [lynne.jackson@uwo.ca](mailto:lynne.jackson@uwo.ca).



Brooks McCormick Jr. Trust for  
Animal Rights Law and Policy



University  
of Victoria

Psychology



ANIMALS & SOCIETY  
RESEARCH INITIATIVE

[uvic.ca/asri](http://uvic.ca/asri)  
[aasri@uvic.ca](mailto:aasri@uvic.ca)